



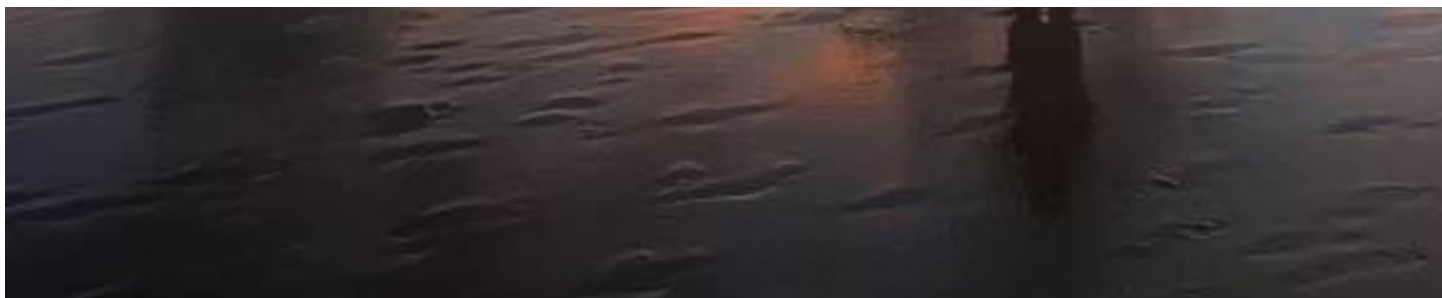
*Premier
Mental
Health
Healing
Pathways*



Living Your Best Life

Rewrite the script for Living Your Best Life through Premier Mental Health Healing Pathways





Welcome to Premier Mental Health Healing Pathways

Specialties and Expertise

- ✓ Depression
 - ✓ Anxiety
 - ✓ Trauma, PTSD & Abuse
 - ✓ ADHD
 - ✓ Addictions
 - ✓ Adjustment Disorder
 - ✓ Agoraphobia
 - ✓ Alcohol Use
 - ✓ Anger Management & Irritability
 - ✓ Antisocial Personality Disorder
 - ✓ Asperger's Syndrome
 - ✓ Autism
 - ✓ Behavioral Issues
 - ✓ Bipolar Disorder
 - ✓ Bisexual
 - ✓ Borderline Personality (BPD)
 - ✓ Weight Management/Weight Loss
-

- ✓ Semaglutide (for weight loss)
 - ✓ Communication Issues/Interpersonal Relationships
 - ✓ Dissociative Disorders (DID)
 - ✓ Eating Disorder
 - ✓ Elderly Persons Disorders
 - ✓ Grief/Bereavement
 - ✓ Homicidal Ideations
 - ✓ Impulse Control Disorders
 - ✓ Lesbian
 - ✓ LGBTQ+
 - ✓ Life Transitions & Life Planning/Coaching
 - ✓ Medication Management
 - ✓ Mood Disorders
 - ✓ Narcissistic Personality (NPD)
 - ✓ Nightmares
 - ✓ Obsessive-Compulsive (OCD)
 - ✓ Oppositional Defiance (ODD)
 - ✓ Ketamine (for treatment resistant depression)
 - ✓ Personality Disorders
 - ✓ Phobias
 - ✓ Psychosis
 - ✓ Relationship Issues
 - ✓ Self-Esteem
-

- ✓ Self-Harming
- ✓ Sexual Abuse
- ✓ Sleep Dysregulation, Disorders & Insomnia
- ✓ Smoking
- ✓ Stutter
- ✓ Stress
- ✓ Substance Use
- ✓ Suicidal Ideation
- ✓ Thinking Disorders
- ✓ Tics, Tourette Syndrome
- ✓ Transgender
- ✓ Traumatic Brain Injury (TBI)

Treatment Approaches

Gene-Site Testing

Integrative



Compassion Focused

Culturally Sensitive

Emotionally Focused

[VIEW MORE APPROACHES](#)



Hypnotherapy

Additional Treatments



Semaglutide (for weight loss)



Ketamine (for treatment resistant depression)

Vagus Nerve Stimulation (VNS)

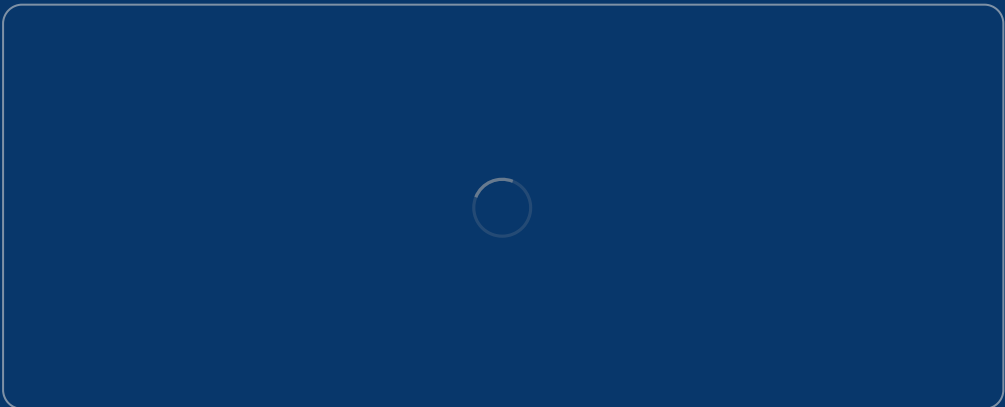
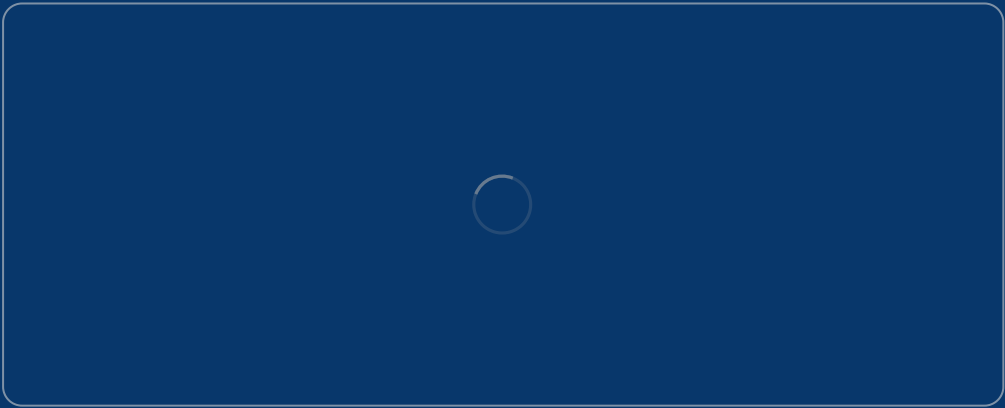
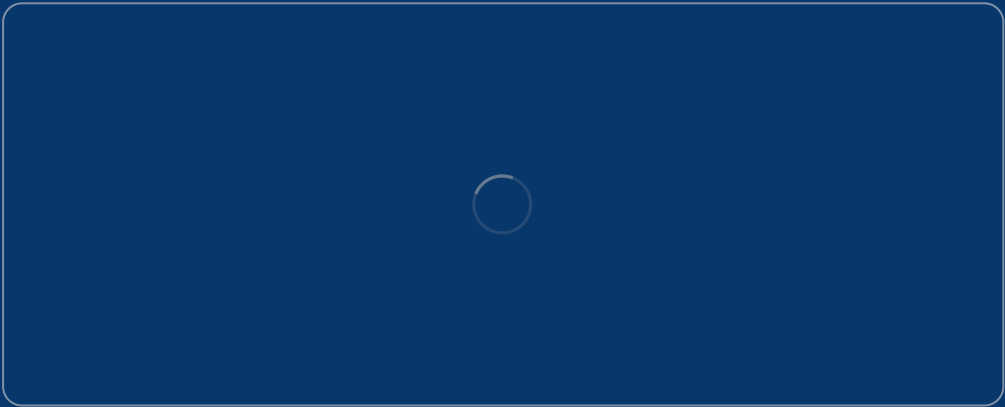
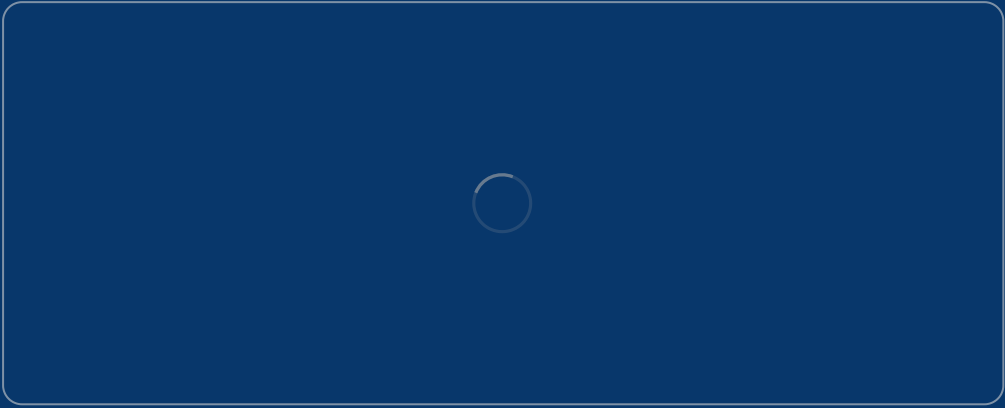
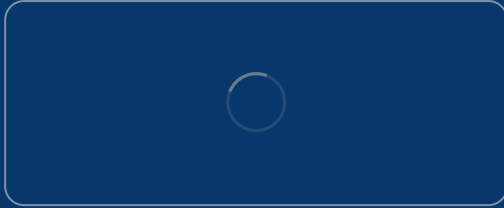
LIFE System Quantum Biofeedback

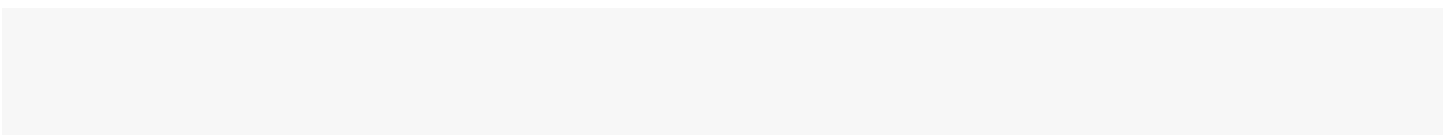
Life Coaching Services

Accepted Insurances









Testimonials

I am incredibly grateful for Beverly White's dedication to my mental health treatment. She goes above and beyond in her dedication for excellence in care. My symptoms were so debilitating prior to treatment with her; and previous providers never took more than 5 minutes with me in which my symptoms were so debilitating. I was in a significantly dark place and my symptoms were so debilitating that I recognize that I wouldn't be here today had it not been for Beverly White. She's truly been the light that God put into my life on my path to mend my heart and mind. Beverly White, as a psychiatric provider, exceeds expectations in treatment, provides excellent care with successful outcomes for her patients, and her dedication to her patients shall not go unrecognized.



25 y/o Female

From our initial appointment, Beverly White was able to get my symptoms turned around fairly quickly. She displays an amazing ability to listen to her patients and identify key aspects that create incredibly successful outcomes; and because of that, I have to say that Beverly White, as a psychiatric provider, has an ability in her skills and expertise as a psychiatric provider that has given me the quality of my life back. She's forever changed my life in the most

positive ways that are reflective today in the quality of my life and my functioning ability. I truly can't thank her enough for all she has done to improve my life, my mental health and wellbeing, and the success I now have in all areas of my life is due to her. She recognizes that mental health plays a significant role in all areas of a person's life; and by her addressing my mental health symptoms and getting them turned around, Beverly White, has allowed me to live the best version of my life; and because of it, I have the highest quality of outcome in my health, career, and relationships. There is no limit on the gratitude I have for her and what she has done for me in her dedication and extreme compassion, lack of judgment she displays as a psychiatric mental health provider. It is very evident she cares about her patients, makes them a priority, and changes their lives in the most positive and meaningful way.



36 y/o Male

Coming to Premier Mental Health Healing Pathways was the best decision I've ever made. Beverly White is in a class above all other psychiatric mental health providers. For the 1st time, I felt listened to and understood. Beverly White truly cares about her patients. Her interactions are genuine and compassionate. Not only does she demonstrate how dedicated she is to her patients, she goes above and beyond in ways that have made all the difference to me in my mental health. The quality she puts in care exceeds that of any

other psychiatric provider I have ever had, which I was beginning to lose hope in my mental health journey until I found Beverly White. I've never had a provider take the time she does with me. I believe the reason why she's been so successful in getting my symptoms turned around so quickly is because she listened to me, took the time to understand my needs and priorities, and because she has a gift as a mental health psychiatric provider. She has found her calling in life. For the 1st time ever in my mental health journey, I actually felt like my provider truly cares about me. I know if I need her, she responds when I reach out to her. She always has the most amazing way of identifying the most successful treatment. For the 1st time ever, I've reached the best place in my journey with mental health, which has allowed me to live my best life. She is a valuable asset to the mental health community and I never want to be without her as a provider. She's made all the difference in improving the quality of my life and the success I have today in my mental health. She turned my symptoms around fairly quickly and was right on target with her treatment choices. I am forever grateful for her dedication and expertise in her field. My life wouldn't be where it is today had I not met her.



34 y/o Female

I was new to the area and was hoping to find the right person to

trust my mental health needs with. I have been greatly disappointed in the past finding a provider that's been a good fit for me. After reading Beverly White's profile, I was immediately drawn to the qualities in her as a psychiatric mental health provider. I was not disappointed. It was the best decision I have ever made. She exceeded my expectations in a provider because she takes quality time with patients to provide the highest quality of care. She is extremely easy to talk to, and I have felt completely listened to and cared for in her presence. She was able to quickly identify successful ways to get my symptoms turned around and my symptoms have been well managed since. You can tell she truly cares about her patients and has a passion for mental health. She is the most excellent mental health provider I have ever been too. She is able to offer everything I need for my symptoms from therapy to medication and education in all ways I can improve my symptoms and quality of life beyond a prescription pad. She goes above and beyond for her patients and is quite dedicated. I know I can rely on her and the trust developed instantly. She has never let me down. Before I met her, I had lost hope that quality of my life could be at such an amazing place. I feel incredibly grateful that she has been on my mental health journey with me.



28 y/o Female

Me and my wife had taken our son to multiple providers previously

that never took much time in assessing our son and his symptoms never got better. He never seemed to respond the best to prior med choices. I was so impressed with Beverly White, who was able to perform a gene site test for our son in which has guided a successful treatment plan for him and his symptoms have been well managed since. She was the only provider that ever approached his treatment with such innovative and latest diagnostic tools. A gene site test had never even been mentioned or offered to us before. Beverly White took the time with our family and our son to identify his specific needs and was able to get his symptoms turned around fairly quickly. She was incredibly easy to talk to; and for the first time, we felt listened to. Our son immediately took a liking to her and felt comfortable in her presence. He usually gets shy and bashful, but he recognized her warm, sincere qualities and genuine personality that made it easy to feel safe and secure in her presence. She developed his trust immediately. As a provider, she's been a valuable asset to our family because her treatment decisions have made the biggest difference in getting my son's symptoms to a place that he is able to reach his fullest potential in school and his behaviors are well managed. It's reduced a great deal of stress on our family dynamics given our family the capacity to bond even more strongly because we have our son back from a place that his symptoms had taken over and impeded his ability to shine in all the ways he can. I would recommend Beverly White as a psychiatric mental health provider to anyone both adults and kids. She has a gift in what she does. She is in a class above all other mental health providers.



Father to a 9 y/o son

The dark days that once made up my life are forever gone. I've struggled throughout my life with mental health symptoms, and I've never had a provider that not only took the time to listen to me and understand my symptoms and different dynamics of my life, but she has been the first provider that has been able to get my symptoms turned around and it seemed like it happened fairly quickly after starting treatment with her. She's very holistic in her approach and addresses all aspects of my life, making me feel like a human and not just the depression that once took over my life leaving me paralyzed and debilitated by its symptoms. She's restored hope in my life and given my life new meaning and value. She's saved my life and saved me from a dark place. Had it not been for her, I might have contemplated some pretty dark destructive choices. I really have to say I'm living my best life and she's made the biggest difference in improving my mental health and quality of my life.



24 y/o Male

At 53, I never thought my life was going to take the turns in which it

did; but my wife passed unexpectedly, and it seemed as though I spiraled fairly quickly into a dark hopeless place not wanting to get out of bed. It even caused me to relapse; something I didn't think I'd ever deal with again. A close friend of mine recommended me to Beverly White, and I'm so grateful that he did. She was able to identify what I was going through, and I never felt judged. Her compassion and warm-hearted personality put me at ease immediately; and I felt completely assured in knowing that I was not alone in what I was dealing with. She developed my trust immediately and restored my hope. She got my symptoms turned around in no time at all, and I've been able to put my life back together and even recognize new meaning in my life. Beverly White has made all the difference to me. She pulled me from a dark place. I am incredibly grateful for her amazing ability to approach the things I was going through with such compassion and dedication. I feel supported. It made all the difference to know I could rely on her and trust her; and like an angel, my life is full of light and love, and I was not alone in my healing process. She is setting a new trend in the hope she delivers in mental health and the qualities at which she delivers it.



53 y/o Male

Even though I am young, I've had a great deal of setbacks in my life and mental health has always been a struggle. Beverly White, has

made such a difference in my life. I had been to quite a few providers, and she was the first person that took time with me to understand what was going on with me. She listened to me and validated my feelings and concerns. She restored hope in my life. From the beginning, I felt at such ease in her presence. I felt like she could easily relate to me and understand me. She's been the only person that has held steady in my life and has been someone I can rely and trust. I know I can count on her. She has always been there for me since I met her. My symptoms improved early on treatment, and the course of my life has changed positive directions. My self-esteem has greatly improved, and I recognize that I have amazing things to accomplish in my life and to do. I am now living the best version of my life. She has an amazing way of holistically addressing all my needs so that my treatment has always produced amazing results. My life would be in a dark empty place of emotional pain, had she not been part of my mental health journey.



16 y/o Female

I've struggled with alcohol and my life was overwhelming. I just couldn't seem to break free from the dark place I was at. Even my relationships were quite damaged, and the anxiety was so paralyzing for me. I didn't know where to turn to and felt hopeless and lost in my life. From the moment I reached out to Beverly White,

I was immediately welcomed and received with no judgment whatsoever. She met me where I was at in my life and brought me to a place of safety and higher ground of security and brought me through a healing journey. I don't think I could have made it out of that dark place without her. She was able to get my life turned around in a whole new direction and address all the underlying causes for my choices in life and restored hope and gave me a new meaning to my life. She's always listened to me, responded to my needs with such intuition on her part. The energy that radiates from her is that of warmth, compassion, sincerity, and healing. My life looks completely different today. I am incredibly grateful to her expertise in mental health and to the amazing person she is. She truly is the real deal and will make the biggest difference in your life. She holistically approached my mental health needs. I am living my best life.



47 y/o Female



the fact that the *Journal of Applied Behavior Analysis* is the most widely read journal in the field of behavior analysis.

It is my hope that this book will be useful to you in your current or future work.

Thank you for your interest in this book. I am sure you will find it a valuable resource.

Best regards,
John M. Hayes

John M. Hayes, Ph.D., is a professor of psychology at the University of California, Santa Barbara.

He has published numerous articles and books on the psychology of language and learning.

His research interests include the development of language and the role of context in learning.

He is also interested in the application of behavior analysis to education and the workplace.

Dr. Hayes is a past president of the American Psychological Association and the Society for Applied Behavior Analysis.

He is also a past president of the California Psychological Association and the California Behavior Analysis Society.

Dr. Hayes is a frequent speaker at national and international conferences on behavior analysis and education.

He is also a frequent contributor to the popular press on issues related to behavior analysis and education.

Dr. Hayes is a past president of the American Psychological Association and the Society for Applied Behavior Analysis.

He is also a past president of the California Psychological Association and the California Behavior Analysis Society.

Dr. Hayes is a frequent speaker at national and international conferences on behavior analysis and education.

He is also a frequent contributor to the popular press on issues related to behavior analysis and education.

Dr. Hayes is a past president of the American Psychological Association and the Society for Applied Behavior Analysis.

He is also a past president of the California Psychological Association and the California Behavior Analysis Society.

Dr. Hayes is a frequent speaker at national and international conferences on behavior analysis and education.

He is also a frequent contributor to the popular press on issues related to behavior analysis and education.

Dr. Hayes is a past president of the American Psychological Association and the Society for Applied Behavior Analysis.

He is also a past president of the California Psychological Association and the California Behavior Analysis Society.

Dr. Hayes is a frequent speaker at national and international conferences on behavior analysis and education.

He is also a frequent contributor to the popular press on issues related to behavior analysis and education.

Designed and Developed by **Devops Align** © Copyright 2024. All Rights Reserved –
Premier Mental Health Healing Pathways